

Restaurants



Visit Midhurst

Heart of the South Downs National Park

EXPLORE

discover **Sc**
Mountain
Bikin
Historic

Build

EXP

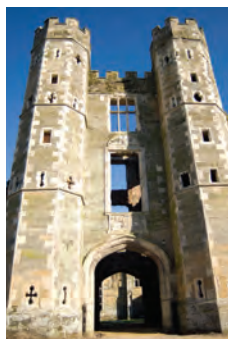
riding

shopping

WALKING

ACCOMMODATION

LANDSCAPE



visitmidhurst.com



FIVE GREAT REASONS

to visit Midhurst

- 1 **Enjoy...** markets, events and festivals in Midhurst's Medieval Market Square, surrounded by historic Tudor buildings.
- 2 **Discover...** wonderful local foods in Midhurst's shops, farm shops, cafés and restaurants
- 3 **Delight...** in wine and beer tasting at the South Downs' finest vineyards and micro-breweries.
- 4 **Indulge...** in a spot of retail therapy in Midhurst's enticing independent shops - there's even short-stay free parking!
- 5 **Traverse...** the beautiful South Downs Way - on foot, by bike or on horseback - and explore the heart of the South Downs National Park.

For more and to see events go to [visitmidhurst.com](https://www.visitmidhurst.com)





@ChrisJson

FITZCANE'S CAFÉ

01730 817951
fitzcanes.com

COFFEE ★ CAKES ★ WAFFLES
BREAKFAST SANDWICHES ★ BAGELS
LITE BITES ★ ICE CREAM ★ GARDEN
VEGAN / GLUTEN FREE FRIENDLY
DOGS WELCOME

North Street, Midhurst GU29 9DJ



EAT & DRINK and be merry

The farmland of the South Downs is a fantastic resource and one that our many local producers put to good use. Thanks to their efforts, the area is rapidly becoming a foodie's delight!

Delicious delights

Midhurst boasts a traditional butcher, a greengrocer and charming delicatessens as well as shops selling real ales and fine wines, locally-made ice creams, great cakes and artisan chocolates. You can eat al fresco in the historic Market Square, enjoy cream teas in medieval surroundings and make the most of everything from Spanish tapas through to modern British fine dining.

Outstanding country pubs

Expect gardens with stunning views of the Downs in summer, cosy log fires in winter and landlords who keep great cellars and serve fabulous food that makes the most of locally sourced ingredients.

Just outside town

With a strong focus on locally sourced produce, the award-winning Cowdray Farm Shop and Café sells an array of estate-reared meat, artisan cheeses and charcuteries. After enjoying a browse in the farm shop, pop next door to the café for coffee, home-made cakes and freshly produced meals.

**VISIT OUR NEW
TAP ROOM
& SHOP**

**IN THE HEART OF
THE SOUTH DOWNS**

Langham Stables, Lodsworth, GU28 9BU | 01798 860861

Home of HipHop, Arapaho & South Downs Best | #FollowTheSwallow

Est 2005
**LANGHAM
BREWERY**
Independent craft beer



© Fitzcane's Café





Charm, character & warmth

Stay in one of the UK's oldest coaching inns....
Set in the pretty market town of Midhurst the
Spread Eagle Hotel & Spa lies at the heart of
the South Downs National Park.

The perfect place to relax and indulge

Float in the pool, relax in the sauna or steam room
and reinvigorate yourself in the Jacuzzi. Discover
our fabulous treatment and relaxation rooms or
simply take a moment to relax by an open fire.



The Spread Eagle Hotel & Spa

South Street, Midhurst GU29 9NH

hshotels.co.uk/spread-eagle

To book call: 01730 816911

Part of the Historic Sussex Hotels group



SLEEP

places to rest your head

Midhurst may have played host to Kings, Queens and A-list celebrities but there's accommodation in and around town for budgets large and small.

In Midhurst

Take your pick from stylish self-catering accommodation and elegant B&Bs through to luxurious rooms at The Spread Eagle Hotel, one of the oldest buildings in town. Whatever your style you're bound to find something that is 'just you'. For the adventurous there are yurts, shepherd huts and more!

Out of town

Indulge yourself at Park House Hotel & Spa (complete with golf course, pool and tennis courts) or take your pick from country pubs with cosy rooms and tranquil, rural B&Bs. There are also self-catering cottages and apartments to suit all.

Four legs as well as two!

The South Downs are perfect for dog walking so it's no surprise there's plenty of dog-friendly accommodation.





SHOP an independent streak

Take a stroll along West Street, Red Lion Street, Church Hill, Knockhundred Row and North Street and you'll discover a wealth of independent retailers. The result is a vibrant shopping experience; great quality, fantastic diversity and establishments that exceed your expectations at every turn.

the globe. There are also women's fashion boutiques and jewellers offering the best in contemporary design alongside watch and clock repair specialists. In addition to the established shops there are regular brocantes and fairs that expand the choice on offer even more.

The traditional and the eclectic

Take your pick from vintage and retro finds across everything from fashion to home decor, as well as unique gifts and furniture sourced from all over

Walk, cycle, ride....

If you're inspired by the environment to walk, cycle or ride in the area, there are shops that can set you up for that as well.

THE MIDHURST GALLERY

www.midhurstgallery.co.uk

Art Materials Exhibition Rooms Greetings Cards

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Grange Road
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LOCAL, FRESH, SEASONAL PRODUCE AND ARTISAN GOODS

MIDHURST FARMERS' MARKET

First Saturday of the month 9am - 2pm
Market Square, Midhurst GU29 9NJ

PLUS craft, gift and table top stalls
in the Old Library, Knockhundred Row



Visit midhurst-tc.gov.uk for more information.



INDEPENDENT HEALTH FOOD SHOP
local | organic | artisan | fairtrade

Wholefoods and vegetarian foods
'Free-from' and special diets
Organic vegetables, meat and dairy
Eco detergents and toiletries
Supplements and natural remedies

Down to Earth, West Street, Midhurst GU29 9NQ | 01730 815133

The Midhurst Museum



at Knockhundred Market, MIDHURST

Opening Times:

April to October: 10.30am to 4.00pm

November to March: 10.30am to 3.00pm

Tuesdays to Saturdays.

The Midhurst Museum Tea Rooms

10.30am to 4.00pm

Tuesdays to Saturdays.

EVENTS

visitmidhurst.com/whats-on

You'll find fairs, polo, markets, music events and more!
Check visitmidhurst.com and event websites for latest
information as dates and times may be subject to change.

PLACES TO VISIT

Within just a few miles of Midhurst there are wonderful
gardens, historic houses and Roman palaces to name
but a few. Also not to be missed are the world-renowned
Goodwood Racecourse and Motorsport and Weald and
Downland Open Air Museum (home to the now famous
'The Repair Shop').

Please check venues are open before travelling and
pre-book as required.

- National Trust: nationaltrust.org.uk
 - » Woolbeding Gardens
 - » Petworth House and Park
 - » Uppark House and Park
- Weald and Downland Open Air Museum:
wealddown.co.uk
- West Dean Gardens: westdean.org.uk/gardens
- Goodwood: goodwood.com













MADhurst is back this year

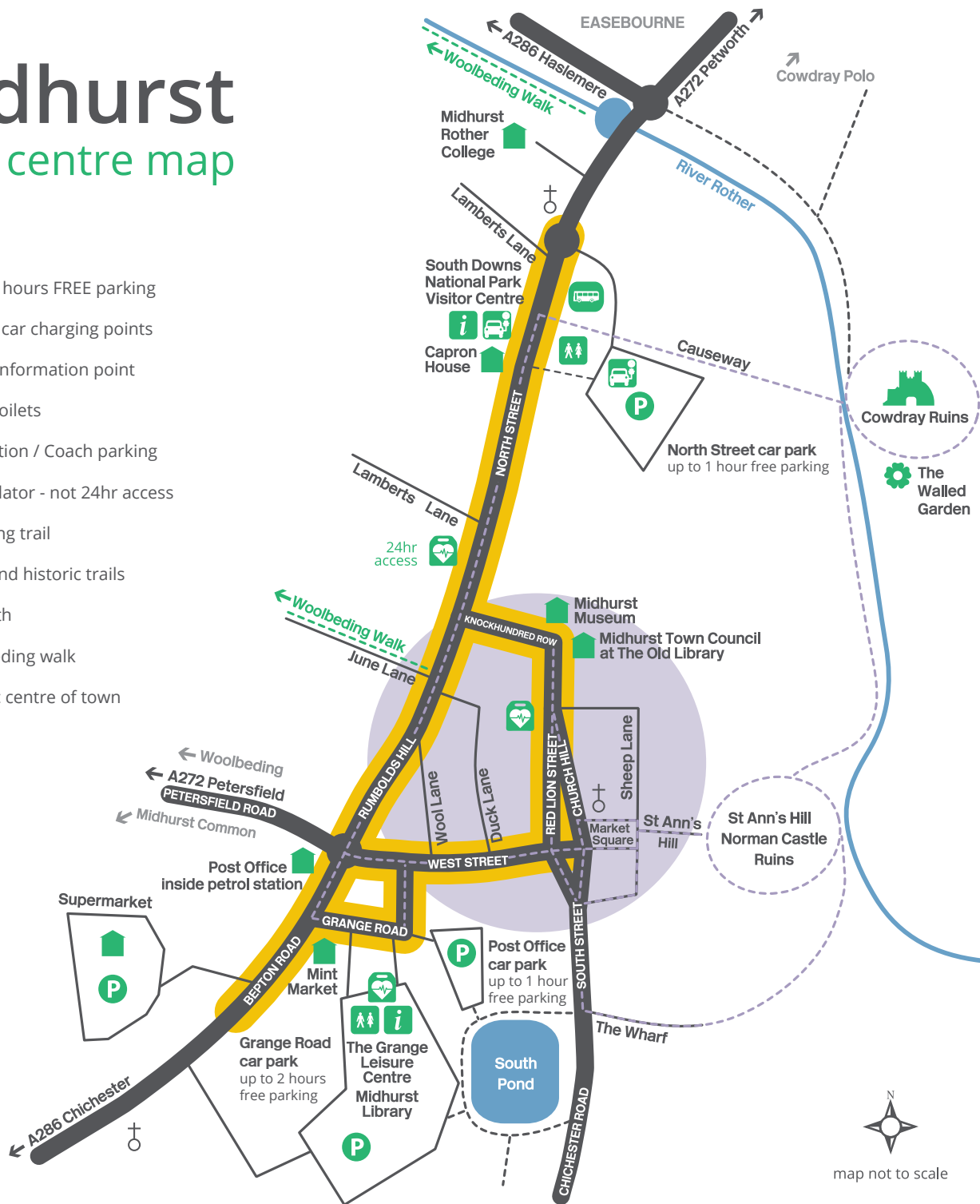
Throughout August our vibrant music, arts and
drama festival will bring an array of top quality, local
entertainment to Midhurst and the surrounding areas.

See madhurst.co.uk for all the latest details....

Midhurst

town centre map

-  Up to 2 hours FREE parking
-  Electric car charging points
-  Visitor information point
-  Public toilets
-  Bus station / Coach parking
-  Defibrillator - not 24hr access
-  Shopping trail
-  Town and historic trails
-  Footpath
-  Woolbeding walk
-  Historic centre of town
-  Church



map not to scale



SOUTH DOWNS

National Park



Midhurst makes the perfect base to get out and explore the beautiful South Downs National Park.

The South Downs Way

This iconic National Trail runs just a few miles south of Midhurst, and offers walkers, horse riders and cyclists breath-taking, panoramic views over the South Downs countryside and out to the English Channel.

Incredible Wildlife

On open chalk grassland, wild flowers like the honey-scented musk orchid and horseshoe vetch thrive, attracting clouds of butterflies in the summer, including the glorious Adonis Blue. Midhurst, Woolbeding, Iping and Stedham Commons are all nearby and are home to unique heathland with wide horizons and intimate, secluded places. You might also see rare birds such as the nightjar and woodlark, as well as reptiles and insects (like the long-horned beetle) that thrive in the heather and gorse.

ACTIVITIES

sporting and leisure

Get out and about....

Walk the South Downs Way or discover the freedom and exhilaration of exploring the area by bicycle or on horseback. Play golf at Cowdray Park Golf Club or Park House, Hotel & Spa. Try your hand at hot-air ballooning or discover the challenge of clay pigeon shooting.

Experience the beauty of the River Rother while fly fishing, take a guided twilight wildlife tour or you can even learn survival skills from the experts.

Take it indoors

Bad weather could be the perfect excuse to treat yourself to a beauty treatment or a spa day, or there are yoga, Pilates

© Cowdray



© SDWP

and meditation classes available. For the energetic, the Grange Centre offers squash and badminton courts, drop-in exercise classes and a well-equipped gym or there's an indoor climbing wall at Midhurst Rother College that's open to the public. Alternatively, take a tour of one of the local wineries or artisan breweries or visit some of the area's great museums or galleries.

the home of British polo. The season lasts from late April until September and the highlight is the Gold Cup for the British Open Polo Championship, held through June - July. Go to cowdraypolo.co.uk for the latest on spectator entry.

Find out more

Go to visitmidhurst.com for more about these and other activities including:

- **what's on listings**
- **links to booking details**
- **location maps**
- **attraction websites**
- **and much more**

Discover polo

Cowdray Park Polo Club is recognised worldwide as



#lovemidhurst

It's time to visit Midhurst...
the South Downs town
with a vision.

Innovative, vibrant and green:

A melting pot of old and new,
full to the brim with independent
shops and eateries.

Offering great value and
customer service with
a smile.

visitmidhurst.com

midhurst
town
team
cic

 **VISION
MIDHURST**
Let's shape our future

**Discover the joys of walking
in the countryside around
Midhurst with this guide book
featuring eight circular walks,
beautifully illustrated with
the author's own photographs.**

The walks start and end at the Market
Square in Midhurst. Every walk is
described with a simple map and clear
instructions plus options for shorter
or longer adaptations.

You'll also find snippets of local history,
features on Midhurst businesses and
notes on culture and wildlife.

To purchase your copy or find local
stockists go to: **findingfootpaths.com**

Follow the author's footsteps:

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 on Twitter @michele_facer
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findingfootpaths.com



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THANK YOU TO Midhurst Town Council and Cowdray Estate.

Without their generous support we would not have been able to produce this year's brochure.



Midhurst Town Council



COWDRAY



South Pond

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COWDRAY

THE EXPERIENCE

www.cowdray.co.uk